



Workshop: *Soul care for the Caregiver*

Be kind to yourself. Take time to receive support as you provide care for your loved one

Features:

- Supportive input
- Camaraderie with other caregivers
- Group Spiritual Direction led by certified spiritual directors
- Resource book by Henri Nouwen "Spirituality of Caregiving"
- Healthy snacks

Date: Saturday, September 23th

Time: 9:00-12:00

Place All Seasons

16051 NE 6th St

Bellevue, WA 98008

Cost \$65.00 **includes book*

Register by Monday, September 18th

*limited to first eight participants

www.allseasonscounseling.org

Please complete Registration form below and send to

Carolynshimabukuro@gmail.com; questions? Call 425.417-7401



Registration for workshop: Soul Care for the Caregiver
September 23, 2023; 9:00-12:00

Name: _____ (M or F) circle

Address: _____

City: _____ WA Zip: _____

Cell #: _____

Email: _____

Cost: \$65.00 per person

() I would like to donate \$_____ for the scholarship fund

() Please list my name on this participant's roster

() I have the following dietary needs: _____

Payment: Electronic payment :www.allseasonscounseling.org

Click on Give

Use drop down Workshop Soul care for Caregiver

Important: *Please cover all fees associated with payment*

Questions please contact: Carolyn at 425.417-7401

carolynshimabukuro@gmail.com