



In-Person Workshop: *Parenting Bi-Cultural Kids*

~ How to bring integration in your children's developing mind ~

Speaker: Hiromi Fujiwara, Mental Health Counselor

- Racial/cultural identity development - where are you in this?
- Attachment - the foundation of child's security - how can we foster?
- How to communicate with your child - to calm the chaos, to nurture healthy parent-child relationship, and to develop integration in your children's mind
- Interactive class with real examples from participants & clinical case
- Workshop presented in English, with Japanese as needed

Date: Saturday, September 30th

Time: 9:00-12:00

Place All Seasons

16051 NE 6th St. Bellevue, WA 98008

Cost \$55/ individual; \$75/ couple (healthy snack included)

About the speaker: Hiromi is a psychotherapist in private practice in Issaquah WA. She works with children, teens and adults with a variety of mental and behavioral challenges, both in English & Japanese.

Register by Monday, September 25th *limited to first 15 participants

Payment: Electronic payment :www.allseasonscounseling.org

Go to 'Give' page; click on green 'give on line';

Use drop down to Workshop: Parenting Bi-cultural kids.

Please cover all fees associated with payment



Registration for workshop: Parenting Bi-Cultural Kids
Saturday, September 30, 2023 9:00 am -12:00 noon

Complete (in English) and send to: carolynshimabukuro@gmail.com

Name: _____ (M or F) circle

Address: _____

City: _____ WA Zip: _____

Cell #: _____

Email: _____

Cost: \$55.00 per person or **\$75.00** per couple (circle)

() I would like to donate \$_____ for the scholarship fund

() Please list my name on this participant's roster

() I have the following dietary needs: _____

Questions regarding the program? Contact: Hiromi Fujiwara at
425.224.6188 or hiromi@cedarbowcounseling.com

Questions regarding registration? Contact Carolyn at 425.417.7401 or
Carolynshimabukuro@gmail.com (English only)